



ABOUT LISA

Lisa Anderson is the director of Boundless and young adults at Focus on the Family, and hosts *The Boundless Show*.

ABOUT THE SHOW

The weekly 26:00 program hosted by Lisa Anderson helps young adults grow up, own their faith, date with purpose and prepare for marriage and family. In a mix of interviews, discussions and question and answer opportunities, the format is lively and engaging in challenging 20-and 30-somethings to reject society's low expectations and live biblically and intentionally in all things, including relationships.

GET INFO & SIGN UP

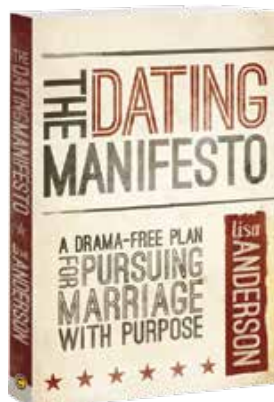
Interested in serving the millennials in your audience? For more details, contact Katie@ambaa.com—and find “The Boundless Show” at our website: ambaa.com/the-boundless-show

TOP TEN READING LIST

Lisa Anderson

We hope you're enjoying this series on recommended reading by the speakers we serve. This week, Focus on the Family's Lisa Anderson shares what she calls “an eclectic list of great books, in no particular order”—exactly what we love to see!

1. **The Gospel for Real Life** (*Jerry Bridges*) — The gospel isn't only for the unbeliever; it's for me, too. Every single day. Thanks to this book, I finally understand why those goats in Leviticus met their particular fates.
2. **Bruchko** (*Bruce Olson*) — The story of a man with a mission to the Motilone Indians. An amazing account of courage and desire to follow wherever God leads. Bonus: includes a nasty tapeworm.
3. **The Scarlet Pimpernel** (*Baroness Emmuska Orczy*) — Adventure and intrigue set during the French Revolution. A fun caper for which you also get smarty-pants credit because it's considered classic literature.
4. **Thriving at College** (*Alex Chediak*) — The best book I've read on navigating the entire college experience, from grades to free time to money to relationships.
5. **Marry Him: The Case for Settling for Mr. Good Enough** (*Lori Gottlieb*) — A compelling argument for why many of us are still single. Secular worldview and some language aside, this book is spot-on and masterfully written.
6. **Keep Your Love On** (*Danny Silk*) — To love like Jesus, we need to end toxic cycles of behavior, draw boundaries, and start relating in a mature and heart-filled way toward others. Danny actually makes it seem possible.
7. **Young and in Love** (*Ted Cunningham*) — Pastor Ted Cunningham's honest and often hilarious case for why marrying young makes a lot of sense for Christian young adults.
8. **The Hundred Dresses** (*Eleanor Estes*) — A children's book about a shabbily-dressed girl who brags that she has one hundred dresses at home, and is bullied mercilessly as a result. The tear-inducing ending reveals the truth.
9. **Because He Loves Me** (*Elyse Fitzpatrick*) — If we really believed that God loves us unconditionally, it would change the way we live. Bonus: My mom-friends also rave about her parenting book, *Give Them Grace*.
10. **Stiff: The Curious Lives of Human Cadavers** (*Mary Roach*) — This book is just crazy awesome. Ever wonder what happens (or can happen) to our bodies postmortem? Wonder no more.



We highly recommend Lisa's book, *The Dating Manifesto*. It's a no-holds-barred word on dating, preparing for marriage and maximizing singleness from someone who's actually living it. This book is for the next generation of families—and those who love them! Read it and share it with the young adult in your life.