

### Recommended Reads From Lee Ann Jackson

#### The Best Is Yet to Come (Michael Josephson)

More Thoughts on Being a Better Person and Living a Better Life: "The core of the Golden Rule is a moral obligation to treat others ethically for their sake, not ours, even if it's better than the way they treat us. So we should be honest to liars, fair to the unjust and kind to people who are cruel. Why? Not because it's advantageous, but because it's right. And because the way I treat others is about who I am, not who they are."

#### Into Africa (Martin Dugard)

The Epic Adventures of Stanley and Livinstone: "Everything of this kind happens by the permission of One who watches over us with most tender care, and this may turn out for the best. It is difficult to say 'Thy will be done,' but I will try."

# A Long Obedience in the Same Direction (Eugene Peterson)

Discipleship in an Instant Society: "All the water in all the oceans cannot sink a ship unless it gets inside. Nor can all the trouble in the world harm us unless it gets within us. That is the promise of the psalm, "God guards you from every evil."

### Option B (Sheryl Sandberg)

Facing Adversity, Building Resilience, and Finding Joy: "Resilience comes from deep within us and from support outside us. It comes from gratitude for what's good in our lives and from leaning into the suck . . . it comes from analyzing how we process grief and from simply accepting that grief ... And in those moments that we're able to summon our resilience, we realize that when life pulls you under, you can kick against the bottom, break the surface, and breathe again."

#### Resilience (Elizabeth Edwards)

A #1 New York Times bestseller about reflections on the burdens and gifts of facing life's adversities: "If you are able, like Job, to place yourself firmly in the hands of your God, you have, in my view, a greater gift than resilience. You do not have to come to terms with a new reality of a child in a grave or with a disease silently ravaging your body. This is not a new reality; this is what God has ordained for you, handing you the suffering in one hand and the faith with which to come to terms with it in the other."

# Riches Stored in Secret Places (Verdell Davis)

A Journey from the Darkness of Sudden Loss Into the Light of Healing Love: "To become strong in the broken places in our lives demands that we do two things, seeming opposites: hang in there, and let go. To somehow dig up the courage to keep going is the very courage that allows us to scoop up the broken pieces of our lives and lay them all at the feet of One who would do more in us than just get us through the storm."

#### She Did What She Could (Elisa Morgan)

Five words of Jesus that will change your life: "My "what" may not look like much to me. It may seem puny. It may look like no big deal, as if it couldn't make a dent. But when I put my "what" in Jesus' hands, it becomes enough."

# Suffering Is Never For Nothing (Elisabeth Elliot)

"Suffering is having what you don't want or wanting what you don't have." "I really didn't have time to sit down and have a pity party...I did the next thing. And there was always a next thing after that."

# Through the Gates of Splendor (Elisabeth Elliot)

Five missionaries gave their lives in the jungles of Ecuador and made headlines around the world: "Simplicity of heart and freedom from anxiety He expects of us, and gives grace to have both."

### Wooden (Coach John Wooden)

Be true to yourself. Help others. Make each day your masterpiece. Drink deeply from good books, especially the Bible. Make friendship a fine art. Build a shelter against a rainy dat. Pray for guidance and count and give thanks for your blessings every day.