

For the week of:  
**10|09|2023**

Get the low-down from a high-up perspective!

the mAAA<sup>x</sup>

## MONDAY 10/9

**Happy National Sneaker Day!** Have you ever wondered how sneakers got their name? In the late 19th century, rubber-soled shoes began to replace the traditional leather sole. This new material was so silent that people wearing them seemed to “sneak” around . . . hence the name sneakers was introduced. Over 100 years later, sneakers continue to be one of the most popular shoe styles around the world!

## TUESDAY 10/10

Put on your apron and unleash your creative genius because today is **National Cake Decorating Day!** This holiday is all about having fun with frosting and testing out your artistic skills. Don't worry if you've never done this before . . . it'll be a piece of cake!

## WEDNESDAY 10/11

As Christians, the joy of the Lord is our strength, and what better day to be reminded of that than on **National Spread Joy Day?** Here are some ways that you can let your light shine today: pray for a loved one, send a text of encouragement to a friend, or pay it forward by treating a stranger to coffee.

## THURSDAY 10/12

Did you know that the largest serving of pulled pork ever made was 2,390 pounds? To that we say, “well done!” This barbecue delicacy is a summertime fan-favorite but **National Pulled Pork Day** gives us an excuse to enjoy this Southern dish in the fall (as if we needed an excuse!).

## FRIDAY 10/13

On this day in 1792, **the cornerstone was laid for the White House.** The plans for a new presidential home were drafted only two years before, when the capitol was moved from New York City to Washington D.C. The White House was completed eight years later with President John Adams becoming the first to reside in the executive mansion.

## DID YOU KNOW?

- Right and left shoes weren't made until 1817 in Philadelphia by a man named William Young. Before that, both shoes were identical and obviously a lot less comfortable.
- An estimated **250,000 pounds of icing** is eaten every day in the United States.
- One study of more than 12,000 Australians found there to be a correlation **between the consumption of fruits and vegetables and increased levels of happiness.**
- The word “barbecue” is derived from the term “barbacoa.” The **Arawak tribe of Caribbean natives**, who spoke a language called Taíno, used the term to refer to cooking meat over a raised wooden grate.
- There are 132 rooms, 35 bathrooms, and 6 levels in the **White House.** There are also 412 doors, 147 windows, 28 fireplaces, 8 staircases, and 3 elevators.

## ... And the Latest from Ambassador

### Now Launched!

Straight Talk on Life Issues delivers an in-depth look at what concerns those committed to the pro-life message. Anchored by Brad Mattes, joined by youthful co-host Victor Nieves, the team welcomes special guests for a deep dive into what's in the news—and more! Contact [Lee@ambaa.com](mailto:Lee@ambaa.com) to confirm addition.

“It's complete freedom as you realize God has control of everything.”

**Barry Meguiar**  
**Ignite**