

For the week of:  
**12|18|2023**

Get the low-down from a high-up perspective!

the mAAA<sup>x</sup>

## MONDAY 12/18

For **Snowflake Appreciation Day**, here are fascinating facts that display the creativity of our Creator: at least 1 septillion snowflakes fall in America every winter (that's one followed by 24 zeros!), most snowflakes have six sides due to the way that H<sub>2</sub>O chemically bonds, yet there are many categories of snowflake shapes . . . and, of course, not one of them is exactly the same!

## TUESDAY 12/19

On December 19 in 1777 **George Washington led his troops to Valley Forge** for the winter. The Continental Army was exhausted and lacked necessary supplies, making this a difficult winter. Washington's leadership, however, transformed the army during this season and they emerged as a unified force.

## WEDNESDAY 12/20

Let the games begin on **Games Day!** From board games to video games to sports games, friendly competitions are always a great way to bring people together. Playing games can cultivate important social skills, reduce stress, encourage problem solving, enhance memory, and improve physical fitness! Why not start a new family tradition of playing games this Christmas?

## THURSDAY 12/21

Welcome winter! Today marks the start of a fresh season as well as the shortest day of sunlight all year. As you bundle up on this **Winter Solstice**, reflect on the different ways the Lord's mercies follow you into this new time of the year and remember that "there is a time for everything, and a season for every activity under the heavens," (Ecclesiastes 3:1).

## FRIDAY 12/22

We can't think of a better holiday than **National Cookie Exchange Day!** This decade-old tradition is fairly simple to participate in: each person at a party brings a tin of homemade cookies and swaps them with other peoples' cookies. At the end of the night everyone leaves with a tin of unique desserts!

## DID YOU KNOW?

- Although it depends on each snowflake's size and mass and the surrounding environmental conditions, most flakes **fall at speeds of 1 to 4 mph.**
- The winter cantonment at **Valley Forge had a sizable population of women.** The females undertook a myriad of roles, from laundry and cooking to sewing and nursing.
- The common belief is that the first printed playing cards originated in **China** in the form of a **32-card domino deck printed on paper**, bone and wood.
- For meteorologists, winter begins on **December 1.** Meteorologists break down the seasons into groups of three months which align closely with the annual trace of temperatures.
- The cookie exchange tradition dates back to the Middle Ages **when cookies often featured exotic spices and dried fruits.**

## ... And the Latest from Ambassador

### COMING in 2024!

The year begins with commemoration of the Sanctity of Life Sunday (January 21) when **Life Issues Institute** will once again offer a half-hour special for station release. Titled "Hope Out of Tragedy" the special will focus on triumphant personal testimony of those whose mother opted for life of the baby after rape. **Brad Mattes** anchors the program with special guests.

Contact [Lee@ambaa.com](mailto:Lee@ambaa.com) for confirmation of airing the special.

"Abortion doesn't erase the trauma of rape, abortion makes the situation worse."

**Brad Mattes**  
**Life Issues Institute**

